

# Finance & Personal Development

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UFCW 247 Training and Education Centre  
544 Columbia Street, New Westminster, BC V3L 1B1

## “NEW”

### Key Interpersonal Communication

With Vicki Austad

In these four evening workshops you will learn how to use communication and interpersonal skills to manage life's issues.

Learn simple powerful problem solving and a new perspective on assertiveness. Your feelings, beliefs and ideas are valid.

Understand “approval sickness” and “perfection infection” and learn the “80/20 Rule” so you know how to deal with these issues.

Learn to “mine” the nuggets of information from the self help authors and much more.

Mondays, May 30 – June 20, 2011

6:30 – 9:00pm

## Real Estate – Buying/Selling:

- Complete review of contract of purchase and sale
- Prequalification requirements and the importance of being pre-qualified (mortgage financing)
- Buying vs. Renting
- Review of strata property feature sheets and descriptions
- Overview of standard contract clauses-for buyer protection
- Selling tips
- Costs when purchasing
- General information on investment real estate

Mondays, May 02 – May 09, 2011

6:00 – 8:30pm

## American Sign Language – Level II

Have you been introduced to American Sign Language and would like to learn more? In this class you will increase your vocabulary and be given more opportunity to interact with each other using ASL. You will also learn more about the use of facial expression.

Thursdays, May 26 – June 30, 2011, 6:30 – 8:30pm

## Spanish Level I:

Learn the romantic language of Spanish, proper pronunciation and inflections so that you can understand while traveling. Explore the culture and travel safely when in Spanish speaking countries.

Thursdays, June 09 – June 30, 2011, 6:00 – 8:30pm

All non certificate courses are free for all members and their families, but do require a \$25 deposit. This deposit will be returned in full as long as you attend 50% of the classes. We accept cash or cheques made payable to: “UFCW 247 Training Centre”

Courses are open to non-members, space permitting for a fee, please call for more info.

## The World Of Social Networking: With Robert

Facebook vs. Twitter, My Space, MSN and Skype. What is a “tweet”, “I’ve been poked?” Do you understand what your kids are doing on the social networking sights available today? Learn more about social networking and how to use it to its greatest advantage. Learn the pros and cons, myths vs. facts and how to maintain your privacy on the internet.

Tuesdays, May 03 – May 17, 2011, 6:00 – 8:30pm

## There Is Money To Be Made On EBay And Craig’s List; With Robert

Learn the ins and outs of making purchases and sales in today’s popular marketplaces. Your new knowledge will allow you to confidently and safely find those great deals, or make money on your unwanted items.

Tuesdays, May 24 – June 07, 2011, 6:00 – 8:30pm