

Dear Member:

Subject: **UFCW Union Pension Plan (the “Plan”)  
Retirement Planning Seminar**

We are pleased to inform you that the Trustees of the Plan will be offering the following Seminars in the Spring of 2012 for members between the ages of 50 to 60:

April 16 and 17  
April 22 and 23  
May 27 and 28

The seminars are organized by the Plan Administrator in conjunction with the Centre for Continuing Education at the University of British Columbia. The program addresses a variety of issues pertaining to the retirement transition and experience, such as financial planning, health management, lifestyle considerations, government benefits, and legal issues. The Plan Administrator will also hold a workshop to provide information and to discuss the pension and health and welfare benefits available to you upon your retirement.

This program, in the form of a two-day seminar, is held on a Sunday and Monday. On **Sunday**, the seminar takes place from **8:00 am to 4:00 pm**. On **Monday**, it begins at **8:00 am** and finishes at **3:30 pm**. The seminar is *free* to members and their spouses. A continental breakfast and buffet lunch is provided each day. If you attend the seminar, it is **mandatory** that you stay for the full presentation on both days.

For out-of-town members who wish to attend, your travel expenses will be reimbursed by the Plan. Accommodation will be provided at the hotel for two nights, which we will book for you.

**If you are interested in attending one of the seminars:**

- please contact our office at 1-888-345-8329; or
- email us at [ufcw@bgbenefitsadmin.com](mailto:ufcw@bgbenefitsadmin.com); or
- complete the attached Waiting List Request form and return it to our office.

Once we have received your request, your name will be placed on a waiting list and we will notify you of the seminar that you will be attending.

**Bilsland Griffith Benefit Administrators**

Administrator for the Trustees

**REQUEST TO BE ADDED TO WAITING LIST**

*Retirement Planning Seminars  
Members ages 50 to 60*

***I am interested in attending a Retirement Planning Seminar and would like to be added to the waiting list.***

***Please complete all information below:***

Name:	SIN:
Date of Birth:	Home Telephone: (     ) Work Telephone: (     )
Employer:	
Address, City, Province, Postal Code	

<input type="checkbox"/> Mr. <input type="checkbox"/> Ms. Name of Spouse:	Is your Spouse a UFCW Union Member? <input type="checkbox"/> Yes <input type="checkbox"/> No
Date of Birth of Spouse (Month/Day/Year):	Will your Spouse be attending the Seminar? <input type="checkbox"/> Yes <input type="checkbox"/> No

**PLEASE NOTE: THIS IS A 2-DAY SEMINAR - ATTENDANCE ON BOTH DAYS IS MANDATORY**

*Please return completed form by mail or fax to the Plan Administrator*

UFCW Union Pension Plan  
c/o Bilsland Griffith Benefit Administrators  
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Burnaby BC V5C 0E4

Toll Free: 1-888-345-8329  
Fax: 604-433-8894